

## SUMMARY OF ACTIVITIES

# PoMOCna KAWA #9



## LET'S GET TO KNOW EACH OTHER part.III

**15** ORGANIZATIONS PARTICIPATED IN THE MEETING (Q Foundation, Warsaw Crisis Intervention Center, Ukrainian Home in Warsaw, Suddenly Alone, We Give Strength to Children Foundation, Women's Rights Center, National AIDS Center, Migrant Hostel, CultureLab Foundation and others).

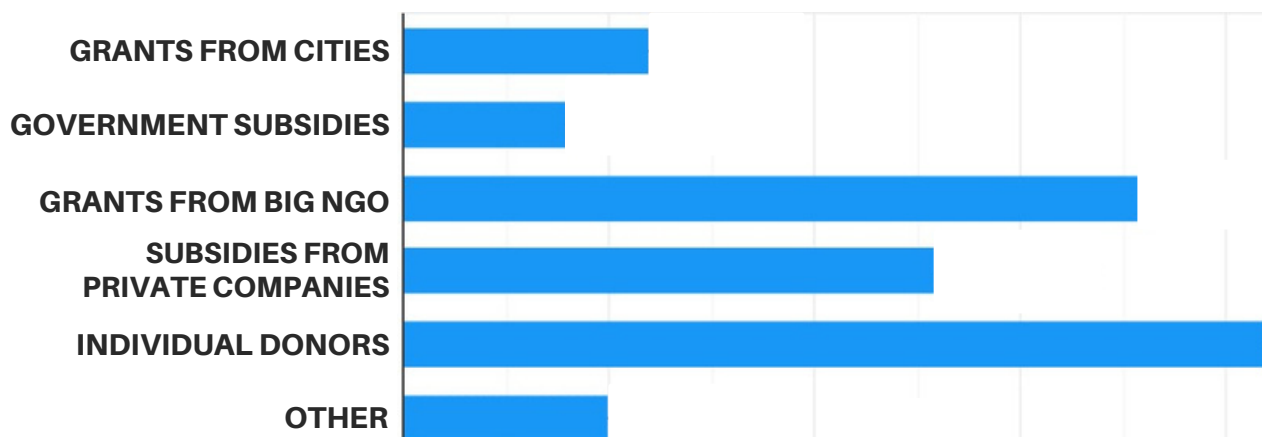
### We get to know each other once a month!

We would like to remind you that the meetings of PoMOCna coffees are held every week, on Tuesday at 10 am. During each of them we discuss a selected topic concerning work for refugees from Ukraine. By participating in the discussions you present your activities and have the opportunity to get to know each other. However, every last Tuesday of the month we especially invite new organizations that would like to introduce themselves and talk about their activities, problems and needs. We have organized this ninth meeting to give you a chance to get to know each other and exchange knowledge and experience.

### Who supports NGOs?

Those gathered filled out a questionnaire that showed the situation in which NGOs currently find themselves. NGOs base their activities mainly on funding from individual donors, Polish private companies and large NGOs offering grants. At the moment, the financial situation of many establishments is very precarious. Most of them end their projects with the end of the calendar year and do not know if they will get funding for their activities next year.

#### SOURCES OF FUNDING FOR AID ORGANIZATIONS



Map Aid qualitative survey of 29.11.2022 conducted on a group of 32 NGOs working in various sectors

# Many activities - one goal

During the PoMOCna coffee meeting, 8 members of organizations with a diverse profile of activities. The following is a brief description of their work and the needs and challenges that relate to their aid activities for refugees from Ukraine

## Women's Rights Center / **Centrum Praw Kobiet - Poznań**

- It runs an intervention point for refugee women providing them with legal and psychological assistance.
- The facility also offers group activities - developmental, psychological, creative and professional integration workshops (e.g. how to open your own business in Poland).
- In addition, in its premises, CPK organizes exhibitions of Ukrainian women artists  
**CHALLENGES - difficulty in reaching refugee women with information about their offerings**  
*ATTENTION! at this very moment there is a search for female artists who would like to take part in the exhibition*

## **Q Foundation / Fundacja Q - Kraków, Rzeszów, Katowice, Nowa Dęba**

- Conducts cultural activities with the refugee women's community
- Organizes computer workshops where women learn to use a keyboard with the Latin alphabet. The foundation distributes laptops to needy children and adults with refugee experience in difficult situations, such as those affected by illness.  
**CHALLENGES - no permanent funding**  
*ATTENTION! they can be approached for laptops!*

## **Warsaw Crisis Intervention Center / Warszawski Ośrodek Interwencji Kryzysowej**

- The center started its activities for refugees as a reception point in Warsaw in the Arena Ursynów building. At present, it organizes accommodation for one night and places for long-term stay.  
**CHALLENGES - the problem with activating people using long-term residence places**  
*ATTENTION! The center is looking for psychologists from other organizations who could provide support to refugees under its care*

## **Finansowa.org**

- The foundation is dedicated to spreading financial awareness among refugees
- Provides financial support to people in very difficult situations
- Recently, it has devoted itself to vocational activation.  
**CHALLENGES - problems finding jobs for those with specialized training**

## **Suddenly Alone Foundation / Nagle Sami**

- Foundation offers psychological assistance in Ukrainian to those affected by refugee experience  
**CHALLENGES - too few applicants for therapy**  
*ATTENTION! the Foundation would like to start working with long-term residence places at this time in the hope, that its specialists can help those in need, in the place of their residence*

## **National AIDS Center / Krajowe Centrum ds. AIDS**

- The center performs tasks related to HIV, AIDS and other sexually transmitted diseases. It translates awareness-raising materials on these diseases into Ukrainian. It also funds medication.  
**CHALLENGES - reaching people with refugee experience with professional information**

## **We Give Strength to Children Foundation / Fundacja Dajemy Dzieciom Siłę**

- The Foundation operates a helpline for Ukrainian children, where Ukrainian-speaking psychologists are waiting  
**CHALLENGES - reaching Ukrainian children.**  
At the moment, due to a new government law, NGOs cannot have free contact with schools. Wanting to organize classes in state educational institutions or simply provide information about their offerings to children, they must apply for permission from the Ministry of Education.

## **Hostel Migrant**

- The hostel offers rooms for refugees. It is participating in the 40+ program. It currently has about 10 vacant, multi-bed rooms set aside for those who qualify for the program. According to regulations, they can live there for 120 days.

## **CultureLab - Mapuj Pomoc**

- The Map Map Help team reminded about the closed group on Facebook - designed to exchange information and help: "Map Help - organizations, NGOs, volunteers".
- We also invite you to like our Facebook page (<https://www.facebook.com/mapujpomocpl/>) and watch us on Instagram (@mapujpomoc). Tag us on social media, and we will be happy to promote your aid initiatives and help get the word out to refugees!

# Positive examples and contacts

The organizations that meet at the PoMOC coffee boast creative solutions in many areas and sectors. Their members gave us positive examples of measures they have applied to their work on integration.

**1** An extremely interesting project is being conducted by the Q Foundation, whose members are in the process of building a "shelter" - a town to activate refugees from Ukraine. They have decided to model it on the center for the homeless created by Sister Chmielewska. One will be able to live there for three months. The first month of stay - is to be free, for the second month - you will have to pay a small fee, and in the third month - you will have to pay half of the rent, This is to encourage the beneficiaries to actively seek work. The foundation has three housing containers for now. It is seeking financial or in-kind support as it plans to erect seven additional containers on its land.

When the president of the organization mentioned that he was looking for funds or someone to provide the town with containers, the president of our CultureLab Foundation reacted, recalling that she had met some time ago an organization willing to fund a building for community use. An exchange of contacts followed immediately, of course! This is how PoMOCna coffee works! We hope that the Q Foundation will get support to develop its project.

**2** During our meetings there is a very frequent exchange of information and advice. A representative of the National AIDS Center suggested to a Finance.org member where to look for a position for a doctor epidemiologist from Ukraine. She also gave us the contact to the Association for Health Prevention - One World, which organizes training on HIV and sexually transmitted infections (STIs) Such information is extremely useful for organizations dealing with people in crisis.

**3** A psychologist from the We Give Strength to Children Foundation got some valuable tips on reaching out to children in Ukraine. Several people offered to exchange emails with detailed hints. At one point, everyone wondered how to help the facility contact the youngest victims of war trauma.

**4** During a conversation about cultural activities with refugees, the president of the Q Foundation recommended to us a group on fb Culture in Quarantine, where you can find information on art workshops and events. This is a place where NGOs have a chance to promote their own cultural events. (<https://www.facebook.com/groups/kulturawkwarantannie>)

**5** As we celebrate International Volunteer Day on December 5, to commemorate the day - on December 15, the Q Foundation is organizing the 3rd Volunteer Gala - Propel to Action - Volunteering in Wartime. The event will be held at the Local Government Cultural Center in Nowa Dęba. The meeting will be held in a friendly group of institutions, groups and individuals who are resiliently working on the issue of humanitarian aid. The Q Foundation wants to honor all those who have added their "brick" to the activities both in favor of Ukraine, people in refugee crisis, as well as to the activities of the broader voluntary sector. It will be attended by representatives of the International Organization for Migration - International Organization for Migration o. Poland (IOM Poland), United Nations High Commission for Refugees (UHCR Poland), World Health Organization - World Health Organization (WHO Poland), among others. Link to the event here: <https://facebook.com/events/s/napedzamy-do-dzia%C5%82ania-iii-gal/782515586173480/>

## CONTACT:

*If you need a contact for a specific organization, email us at [mapujpomoc@culturelab.pl](mailto:mapujpomoc@culturelab.pl). We also encourage you to join our closed group for members of organizations, NGOs and volunteers on Facebook, where we share knowledge and oversized resources, seek inspiration, let you know about grants:*  
<https://www.facebook.com/groups/mapujpomoc>